

Clean is *good!*

Your job at home is to effectively clean plaque from your teeth and dental implants.

Being plaque-free gives your gums a break, allowing them to heal optimally after treatment.

Becoming an expert mouth cleaner at home also helps to prevent future problems around teeth and dental implants.



Your periodontist and your dentist, hygienist or oral health therapist can show you how to properly clean your teeth and dental implants.

Dental implants

Your implant has a different shape than a tooth and requires slightly different cleaning techniques. Your periodontist and dental team can show you what works best for your implant.

Just like teeth, implants also need periodic professional cleans and reviews. Attending implant review appointments helps keep your implant healthy and stable.