

Here's to *healthy gums*

Periodontitis is a chronic condition like diabetes or high blood pressure. Therefore, periodontitis cannot be cured because your mouth continually makes plaque which triggers it.

Periodontitis can be treated and your gums can become healthy again.



Figure 1. From severe periodontitis to health. This patient is being treated using Invisalign™.

Most gum disease is treated by your dentist, oral health therapist or hygienist with deep cleaning. You will also be shown how to become an 'expert tooth and gum cleaner' at home.

Your dental team will then arrange for you to come in for recall examinations and cleans to keep your teeth and gums healthy into the future.

If you have severe gum disease, you may be referred to a periodontist.



affinity periodontics
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